

ANSSACC DRUG POLICY

Version 2019

The Organising Committee of the Australian Sikh Games condemns the use of illicit and banned substances for the purposes of performance enhancement. These substances are not only dangerous to the well-being of the concerned person, the act of consuming such substances is also unfair on other competitors and is contrary to the ethics of sport and incompatible with the Sikh philosophy. Any individual who is caught taking or handling such substances risks a LIFE time ban from participating in the Australian Sikh Games. Such individuals and any such events will be reported to the ANSSACC Executive Committee for further disciplinary action against the athlete and their club, as well as to the relevant police and sports anti-doping authorities.

The terms of entry to the Australian Sikh Games requires all clubs and their players to agree to the rules of the Australian Sikh Games including the ANSSACC Drug Policy. Disciplinary action such as bans or fines may apply to any club officials or players who do not cooperate with the policy. Participating clubs and players must be aware of the following protocols regarding the ANSSACC Drug Policy.

1. Overview

1.1 As with any other sports organisation and event, ANSSACC aims to run a drug free event during the Australian Sikh Games.

1.2 Team officials, managers, referees, ANSSACC Executive Committee, Local Organising Committee, commentators and players are covered by this policy and can be subjected to random.

1.3 It is the responsibility of ANSSACC member clubs to educate their players on the ANSSACC Drug Policy and ensure that their players cooperate with the personnel conducting the drug tests during the event. Any player who refuses to be tested or attempts to evade being tested will be automatically suspended from playing and participating in the tournament.

1.4 ANSSACC, in conjunction with the Local Organising Committee will nominate a Drug Testing Co-ordinator(s) to run the drug testing program during the Australian Sikh Games. The Drug Testing Coordinator is responsible for running a transparent, fair and documented drug testing program.

1.5 ANSSACC will maintain a list of prohibited drugs on the ANSSACC website. ANSSACC reserves the right to add to the list up to the commencement of the Australian Sikh Games.

1.6 Anyone found to be in possession of illicit or other illegal drugs will be reported to the police immediately.

1.7 ANSSACC will use an independent accredited drug testing company to perform collection, testing and analysis in accordance to Australian Standards 4308:2008 - Specimen Collection, Storage, Handling and Dispatch.

1.8 A united front from ANSSACC, the Local Organising Committee and club management is required to provide a drug free Australian Sikh Games. It is vitally important that all clubs place a positive aspect and image on drug and alcohol testing.

2. Prohibited drugs

2.1. Tests may/will be conducted for:

- Tetrahydrocannabinol (THC);
- Cocaine;
- Methamphetamines;
- Amphetamines;
- Opioids;
- Benzos (Valium type of drugs);
- K2 (synthetic cannabis);
- Termin (mephentermine sulphate)
- Kamini;
- Duromine;
- Nandrolone decanoate (DECA);
- Deca Durabolin
- Stimulants;
- Steroids;
- Alcohol (above legal limit of 0.05);
- Additional drugs may be added up to the commencement of the Australian Sikh Games.

3. Testing Procedures

3.1 Testing will be conducted by an independent accredited drug testing company in accordance to Australian Standards 4308:2008 - Specimen Collection, Storage, Handling and Dispatch and Australian Standard AS 4760:2006 -Procedures for specimen collection and the detection and quantitation of drugs in oral fluid.

3.2. Urine, saliva or breath tests can be taken. If the need arises blood samples may also be taken. The testing company will select the most appropriate form of testing as necessary.

- Urine tests take approximately three minutes (provided the player can produce a sample) to produce a result.
- Saliva tests take approximately ten minutes to produce a result.
- If the test needs to be sent to the laboratory, the procedure can take approximately three -7 working days to produce a result.
- In cases of serious or high dosage of banned substances being detected, blood samples will be taken and sent to the laboratory and the player's club shall bear the cost of all tests undertaken.

3.3. Paper work will be filled out as each individual takes their test by the independent testing company. The individual will be required to provide ID and sign the testing sheet. The player will receive a copy of the test results.

3.4 Individuals will be asked to disclose any prescription medications prior to the test to the independent testing company.

4. Sports Selection Procedure

4.1 ANSSACC, the Local Organising Committee and the Drug Testing Coordinator will together determine:

- The total number of tests to be conducted during the Australian Sikh Games – this will be dependent upon budget, testing capability and level of identified risk; and
- The sports to be tested, with emphasis placed on sports that are deemed to be at risk of banned substance usage.

As a general guide testing should cover a minimum of 3 different sports and cover multiple clubs. The results of the sports selected for testing will be given to the drug testing coordinator who will be responsible for conducting testing in accordance with the selections.

5.0 Random Selection Procedure:

5.1 Match/Team Selection

- The Drug Testing Coordinator will provide the independent drug testing company with the schedule for the sports selected for random testing at the beginning of each day.
- The independent drug testing company will select teams from the schedules provided.
- The Drug Testing Coordinator will notify the team management if their team is selected.
- Due to the high-risk nature of Kabaddi it will be mandatory to test a minimum of 2 players from both of the competing semi and finalist teams.

5.2 Individual Selection

- The Drug Testing Coordinator will notify the team manager and together they will provide the independent drug testing company with the team sheets.
- The independent drug testing company will select one individual from the team sheet.
- The team manager is required to get the selected individual to present for drug testing immediately after the completion of the match.
- The individual selected must provide photo ID and must sign the drug testing sheet along with the team manager and drug testing coordinator.
- An individual may be selected for multiple tests during the tournament.

5.3 Third Party Notifications

5.3.1 If a player under the age of 18 is selected for testing, a guardian or coach of that player will be notified of the player's selection.

5.3.2 In the case of a player with an intellectual disability being selected for testing, a guardian or coach of that player will be notified of the player's selection.

5.3.3 If a third party attempts to hinder the notification process or testing process, this may be considered a violation of the ANSSACC Drug Policy, and may result in a sanction for the third party at the discretion of ANSSACC.

6.0 Penalties & Fines

6.1 Testing Costs

- If a player/individual is chosen at random by the Local Organising Committee, ANSSACC or a jointly appointed official, the cost of the test will be paid by the Local Organising Committee.

- If the test result is positive, the player's club will pay \$200 per test.

6.2 Refusal to take test

- The player or club cannot refuse the test. Only ten minutes will be given to the player to comply to taking the test.
- Refusal to take a test will be treated as a POSTIVE RESULT and
- The club will be fined \$500 and lose demerit points as per ANSSACC's disciplinary policy;
- The player will not be able to take any further part in the tournament
- The player will be banned for a period of 15 months which means the player will miss the next Australian Sikh Games.

6.3 Positive Drug Test Result

6.3.1 If the test result is positive the following penalties will apply:

- The player's club will pay \$200 per test;
- The club will be fined \$500 for every positive test and lose demerit points as per ANSSACC's disciplinary policy;
- The player will not be able to take any further part in the tournament from the point a positive test is confirmed and samples are sent for further testing.
- The player will be banned for 15 months once further testing results are confirmed which means the player will miss the next Australian Sikh Games; and
- In cases of serious breaches of the ANSSACC Drug Policy (multiple instances of drug policy breach or more than 2 banned substances), the player may receive a life time ban.

6.3.2 If more than three players of the same club test positive to banned substances during the tournament, the following will apply:

- The respective club will be put on notice and it will be compulsory to immediately test all of the players participating from the respective club and the club will be liable to pay the cost for all of the tests conducted on their players;
- The club will be face a 15 month ban for the sport that the team is participating in; and
- The club will be fined \$2,000 and lose demerit points as per ANSSACC's disciplinary policy.

6.3.3 Impact on result of match/tournament of a positive or refusal to take test

- In an individual sport the result of the match will be overturned and the match will be awarded to the opposing player. If both players test positive (or refuse to take test) the match result will be "no contest".
- In a team sport:
 - If 1 player test positive or refuses to take test the result of the match will be overturned and the opposition will be awarded the match result.
 - If 2 or more player tests positive/refuse testing during the course of the tournament then opposition will be awarded the win and the team will be disqualified from taking any further part in the tournament from the that point forward.

7.0 Disclosure of Drug Testing Results to Public and Media

7.1 The names of the players and associated clubs found positive/refused to take test will be disclosed as follows:

- The results of the drug testing program will be displayed on the ANSSACC Website;
- A statement will be issued to all clubs and selected media; and
- ANSSACC will release this information within 90 days after the Australian Sikh Games.